

Precautions before admission for adult hernia

Please come to the hospital by **8:45**.

We prepare you for the operation from **9:00**.

【Drug holidays】

If you are taking some medication which disturbs hemostasis, drug holidays for about 1 week may be necessary.

Please listen carefully to the doctor's advice.
e.g., aspirin, warfarin, panaldin.

【Pre-admission day】

You can have dinner.

Please don't have anything after dinner.

You can have water and tea until 9:00 p.m.

【Admission day】

Please don't have breakfast.

Please don't have any liquids.

Please take drugs which the doctor allow to take.

【Necessities on admission】

Teijitai (Japanese pant)
one bath towel, 2 or 3 towels
toilet set
a pair of slippers
* except bedclothing

